

LEEANN CHIN

Nutritional Information

2018

The FDA identifies major food allergens as Milk, Peanuts, Tree Nuts, Crustacean Shellfish, Soybeans and Wheat, as well as ingredients that contain protein derived from these food. All of these food allergens are contained in our recipes. All of our foods are prepared in a common kitchen, therefore, allergens could be present in any dish. If you are allergic to these items listed, please use caution and your own judgment upon consumption. For general information on food allergens, we suggest you visit the Food Allergy and Anaphylaxis Network website at www.foodallergy.com.

Menu Item	Serving Size	Calories Per Serving	Fat (g)	Trans Fat (g)	Saturated Fat (g)	Carbs (g)	Fiber (g)	Sodium (g)	Protein (g)	Sugar (g)	Milk	Egg	Peanuts	Fish	Shellfish	Soy	Wheat	Gluten Free	Vegetarian
Appetizers																			
Cream Cheese Puffs	1	120	8	0	4	10	0	244	3	1	X	X					X		X
Egg Rolls	1	210	9	0	0.5	23	2	600	9	3		X					X		
Garlic Soy Green Beans	6 oz	210	12	0	1	23	12	1308	5	8				X				X	X
Oyster Wings	1	150	9	0	2	6	0	410	8	1				X	X	X			
Potstickers	1	50	1	0	1	6	1	64	2	0.3							X		
Salad and Dressings																			
Bulk Salad	4 oz	108	5	0	1	14	4	53	3	2							X		
Asian Salad Dressing	1 oz	130	6	0	1	14	0	200	0	13		X				X	X		
Honey Ginger Chicken Dressing	1 oz	140	12	0	1	7	1	168	1	7								X	
Thai Peanut Chicken Dressing	1 oz	90	5	0	1	6	1	260	2	6			X					X	
Entrees																			
Beef & Broccoli SF	6 oz	330	19	0	6	24	2	1200	15	13								X	
Bourbon Chicken	6 oz	360	12	0	3	28	1	991	34	26				X				X	
Firecracker Tofu SF	6 oz	280	8	0	1	21	0	622	11	9					X	X			
House Special Chicken	6 oz	590	24	0	4.5	59	2	2460	36	46					X	X			
Lemon Chicken	6 oz	250	11	0	3	22	0	270	17	9					X	X			
Mixed Vegetables	6 oz	60	4	0	1	6	1	468	1	1								X	X
Mongolian Chicken	6 oz	470	21	0	4	39	1	874	20	26					X	X			
Orange Chicken	6 oz	570	32	0	7	52	3	655	18	15					X	X			
Peking Chicken	6 oz	480	28	0	6	31	0	974	26	16					X	X	X		
Sesame Chicken	6 oz	670	40	0	9	49	1	540	29	19					X	X			
Shrimp & Vegetable SF	6 oz	130	5	0	4	15	6	890	6	7				X				X	
Sweet & Sour Chicken	6 oz	280	11	0	3	30	1	290	17	16					X	X			
Thai Coconut Curry Chicken SF	6 oz	230	12	0	6	10	7	504	20	8				X				X	
Thai Sweet Chili Chicken SF	6 oz	200	6	0	1	22	5	1008	13	17				X	X	X			
Rice and Noodles																			
Asian Noodles	4 oz	160	3	0	1	26	6	594	5	5				X	X	X	X		
Steamed Brown Rice	4 oz	130	1	0	0	27	3	11	4	0.2								X	X
Steamed White Rice	4 oz	150	0	0	0	32	1	0	3	0								X	X
Vegetable Fried Rice	4 oz	170	5	0	1.5	27	1	1460	4	5		X			X	X			X
Desserts																			
Chocolate Dipped Fortune Cookie	1	100	4	0	4	15	1	25	2	11		X						X	
Fortune Cookie	1	30	0	0	0	5	0	6	0	2		X							
Good Fortune Bar	3oz Bar	370	17	0	12	48	3	160	3	40		X							
Lemon Yogurt	8 oz	280	0.5	0	0	60	0	110	9	54	X								
Raspberry Yogurt	8 oz	280	0.5	0	0	60	0	110	9	54	X								
Beverages																			
Jasmine Blackberry Ice Tea	20 oz	10	0	0	0	0	0	0	0	0								X	
Strawberry Lemonade	20 oz	250	0	0	0	65	0	0	0	62								X	
Traditional Ice Tea	20 oz	10	0	0	0	1	0	4	0	0								X	
Vanilla Red Ice Tea	20 oz	110	0	0	0	28	0	0	0	28								X	
Side Sauces																			
Appetizer Sauce	2 oz	80	0	0	0	20	0	20	0	18					X			X	
Garlic Chili Sauce	2 oz	40	0	0	0	9	0	910	1	8									
Hot Mustard Sauce	2 oz	100	7	0	0	4	0	90	5	1									X
Soy Sauce Packet	8g	0	0	0	0	0	0	150	0	0					X	X			