

## APPETIZERS

<b>CREAM CHEESE PUFFS</b> (3) 360 cal crispy wontons bursting with garlic-seasoned cream cheese	(3) \$1.99 (6) \$3.89
<b>EGG ROLLS</b> (1) 210 cal chicken and shredded vegetables in an oversized crispy wrapper	(1) \$1.99 (2) \$3.89
<b>POTSTICKERS</b> (2) 100 cal wok-seared dumplings with chicken and vegetables	(2) \$1.99 (4) \$3.89
<b>OYSTER WINGS</b> (3) 430 cal wok-tossed in a savory oyster sauce	(3) \$2.99 (6) \$5.79
<b>GF</b> <b>GARLIC SOY GREEN BEANS</b> (SM) 210 cal fresh green beans tossed in a seasoned soy sauce	(SM) \$2.79 (LG) \$4.29
<b>SAMPLER PLATE</b> 830 cal 1 Egg Roll, 2 Cream Cheese Puffs, 2 Wings and 2 Potstickers	\$6.79

## RICE & NOODLES

side **\$3.29**    pint **\$3.99**    quart **\$5.99**

**ASIAN NOODLES** 310 cal  
stir-fried noodles and vegetables seasoned with  
a light soy sauce

**VEGETABLE FRIED RICE** 340 cal  
with mushrooms, green onions, sprouts and egg,  
seasoned with mushroom soy sauce

## PARTIES FOR 3 AND 4

**PARTY FOR THREE** **\$24.99**  
any two pint-sized entrées, quart of White (3.5) 300 cal or  
Natural Brown Rice (3.5) 260 cal, 9 Cream Cheese Puffs (9)  
120 cal and 4 Chocolate-Dipped Fortune Cookies (4) 100 cal

**PARTY FOR FOUR** **\$29.99**  
any three pint-sized entrées, quart of White (3.5) 300 cal or  
Natural Brown Rice (3.5) 260 cal, pint of Vegetable Fried Rice  
(2) 340 cal or Asian Noodles (2) 310 cal, 9 Cream Cheese Puffs  
(9) 120 cal and 4 Chocolate-Dipped Fortune Cookies (4) 100 cal

**+\$50 per pint for beef, +\$100 per pint for shrimp**  
**+\$300 to upgrade to quart sized Vegetable Fried Rice or**  
**Asian Noodles**

## PINTS AND QUARTS

<b>Pint Chicken</b> 200-670 cal per person	<b>\$9.99</b>
<b>Pint Beef</b> 330 cal per person	<b>\$10.49</b>
<b>Pint Shrimp</b> 130 cal per person	<b>\$10.99</b>
<b>Quart Chicken</b> 200-670 cal per person	<b>\$16.49</b>
<b>Quart Beef</b> 330 cal per person	<b>\$17.49</b>
<b>Quart Shrimp</b> 130 cal per person	<b>\$18.49</b>

*Pints and Quarts include White (1.5) 300 cal or Natural Brown  
Rice (1.5) 260 cal. Upgrade to Vegetable Fried Rice (1.5) 340 cal  
or Asian Noodles (1.5) 310 cal for \$1.50/pint or \$3.00/quart*

## COMBINATIONS

**+\$50 with beef, +\$100 with shrimp**

<b>CHIN DYNASTY PLATE</b> 190-1240 cal any two 1/2 entrées	<b>\$7.59</b>
<b>IMPERIAL PLATE</b> 160-1100 cal 1/2 entrée and 1/2 appetizer	<b>\$7.19</b>
<b>NOODLE BOWL</b> 60-670 cal 1/2 entrée with Asian Noodles, White or Natural Brown Rice	<b>\$6.59</b>

**+\$99 to upgrade to Vegetable Fried Rice 340 cal**

## CHICKEN ENTREES

**\$7.59**

*Entrées and Combinations include White 300 cal or Natural Brown  
Rice 260 cal. Upgrade to Vegetable Fried Rice 340 cal  
or Asian Noodles 310 cal for \$99*

- 辣** **THAI SWEET CHILI** 200 cal  
chicken breast stir fried with red peppers, carrots, green  
beans and onions in a flavorful, sweet chili garlic sauce
- 辣** **GF** **THAI COCONUT CURRY** 230 cal  
coconut curry with thai spices stir fried with tender chicken,  
broccoli, red pepper, green beans, onions and carrots
- GF** **GRILLED BOURBON CHICKEN** 360 cal  
grilled chicken wok-tossed in a sweet and  
savory bourbon sauce
- LEMON CHICKEN** 250 cal  
lightly battered chicken breast with our signature  
lemon sauce
- ORANGE CHICKEN** 570 cal  
our tangy citrus delight!
- SWEET & SOUR CHICKEN** 280 cal  
lightly battered chicken breast with sweet and sour sauce,  
pineapple and carrots
- 辣** **MONGOLIAN CHICKEN** 470 cal  
starts sweet, finishes spicy!
- 辣** **PEKING CHICKEN** 480 cal  
crispy strips with a zesty garlic sauce stir fried with sweet  
red peppers
- 辣** **SESAME CHICKEN** 670 cal  
crispy chicken tossed with our bold, spicy sesame sauce  
and sesame seeds

## BEEF ENTREE

**\$8.09**

- GF** **BEEF AND BROCCOLI** 330 cal  
beef and broccoli with carrots and diced water chestnuts  
stir fried in a in a savory teriyaki sauce

## SHRIMP ENTREE

**\$8.59**

- GF** **SHRIMP & VEGETABLES** 130 cal  
tender shrimp stir fried with snap peas, carrots and water  
chestnuts in a mild, light sauce

## VEGETABLE & TOFU ENTREES

- 辣** **FIRECRACKER TOFU** 280 cal **\$7.39**  
Tofu in our sweet and spicy Mongolian sauce,  
garnished with green onions
- GF** **MIXED VEGETABLES** 60 cal **\$5.99**  
wok seasoned stir fried broccoli, zucchini, carrots  
and red peppers with a hint of garlic

**辣** SPICY

AslaFit

FULL FLAVOR  
UNDER 400 CALORIES  
PER SERVING

**GF**

GLUTEN FREE

Menu and Pricing subject to change