

## APPETIZERS

|   |                            |
|---|----------------------------|
| <b>CREAM CHEESE PUFFS</b> (3) 360 cal<br>crispy wontons bursting with<br>garlic-seasoned cream cheese | (3) \$2.09<br>(6) \$3.99   |
| <b>EGG ROLLS</b> (1) 210 cal<br>chicken and shredded vegetables in an<br>oversized crispy wrapper     | (1) \$2.09<br>(2) \$3.99   |
| <b>POTSTICKERS</b> (2) 100 cal<br>wok-seared dumplings with chicken<br>and vegetables                 | (2) \$2.09<br>(4) \$3.99   |
| <b>OYSTER WINGS</b> (3) 430 cal<br>wok-tossed in a savory oyster sauce                                | (3) \$3.09<br>(6) \$5.99   |
| <b>GF GARLIC SOY GREEN BEANS</b> (SM) 210 cal<br>fresh green beans tossed in a<br>seasoned soy sauce  | (SM) \$2.99<br>(LG) \$4.79 |
| <b>SAMPLER PLATE</b> 830 cal<br>1 Egg Roll, 2 Cream Cheese Puffs, 2 Wings<br>and 2 Potstickers        | \$6.99                     |

## RICE & NOODLES

side **\$3.29**    pint **\$3.99**    quart **\$5.99**

**ASIAN NOODLES** 310 cal  
stir-fried noodles and vegetables seasoned with  
a light soy sauce

**VEGETABLE FRIED RICE** 340 cal  
with mushrooms, green onions, sprouts and egg,  
seasoned with mushroom soy sauce

## PARTIES FOR 3 AND 4

**PARTY FOR THREE** **\$26.99**  
any two pint-sized entrées, quart of White (3.5) 300 cal or  
Natural Brown Rice (3.5) 260 cal, 9 Cream Cheese Puffs (9)  
120 cal and 4 Chocolate-Dipped Fortune Cookies (4) 100 cal

**PARTY FOR FOUR** **\$31.99**  
any three pint-sized entrées, quart of White (3.5) 300 cal or  
Natural Brown Rice (3.5) 260 cal, pint of Vegetable Fried Rice  
(2) 340 cal or Asian Noodles (2) 310 cal, 9 Cream Cheese Puffs  
(9) 120 cal and 4 Chocolate-Dipped Fortune Cookies (4) 100 cal

+ \$1.00 per pint for beef or shrimp

+ \$3.00 per pint for Crispy Honey Shrimp

+ \$3.00 to upgrade to quart sized Vegetable Fried Rice or Asian Noodles

## PINTS AND QUARTS

|  |         |
|--|---------|
| <b>Pint Chicken</b> 200-670 cal per person | \$10.99 |
| <b>Pint Beef</b> 330 cal per person        | \$11.49 |
| <b>Pint Shrimp</b> 130 cal per person      | \$11.99 |

|   |         |
|---|---------|
| <b>Quart Chicken</b> 200-670 cal per person | \$17.49 |
| <b>Quart Beef</b> 330 cal per person        | \$18.49 |
| <b>Quart Shrimp</b> 130 cal per person      | \$19.49 |

*Pints and Quarts include White (1.5) 300 cal or Natural Brown Rice  
(1.5) 260 cal. Upgrade to Vegetable Fried Rice (1.5) 340 cal or Asian  
Noodles (1.5) 310 cal for \$1.50/pint or \$3.00/quart*

+ \$3.00 per pint or + \$5.00 per quart for Crispy Honey Shrimp

## COMBINATIONS

+ \$1.00 with beef or shrimp

**CHIN DYNASTY PLATE** 190-1240 cal **\$7.99**  
any two 1/2 entrées

**IMPERIAL PLATE** 160-1100 cal **\$7.59**  
1/2 entrée and 1/2 appetizer

**NOODLE BOWL** 60-670 cal **\$6.99**

1/2 entrée with Asian Noodles, White  
or Natural Brown Rice

+ \$0.99 to upgrade to Vegetable Fried Rice 340 cal

## CHICKEN ENTREES

**\$7.99**

*Entrées and Combinations include White 300 cal or Natural Brown  
Rice 260 cal. Upgrade to Vegetable Fried Rice 340 cal  
or Asian Noodles 310 cal for \$9.99*

**辣 GF THAI SWEET CHILI** 200 cal  
chicken breast stir fried with red peppers, carrots, green  
beans and onions in a flavorful, sweet chili garlic sauce

**辣 GF THAI COCONUT CURRY** 230 cal  
coconut curry with thai spices stir fried with tender chicken,  
broccoli, red pepper, green beans, onions and carrots

**GF GRILLED BOURBON CHICKEN** 360 cal  
grilled chicken wok-tossed in a sweet and  
savory bourbon sauce

**GF CRACKED PEPPER CHICKEN** 100 cal  
tender chicken in a mild sweet sauce with a  
peppercorn finish

**GF LEMON CHICKEN** 250 cal  
lightly battered chicken breast with our signature  
lemon sauce

**ORANGE CHICKEN** 570 cal  
our tangy citrus delight!

**GF SWEET & SOUR CHICKEN** 280 cal  
lightly battered chicken breast with sweet and sour sauce,  
pineapple and carrots

**辣 MONGOLIAN CHICKEN** 470 cal  
starts sweet, finishes spicy!

**辣 PEKING CHICKEN** 480 cal  
crispy strips with a zesty garlic sauce stir fried with sweet  
red peppers

**辣 SESAME CHICKEN** 670 cal  
crispy chicken tossed with our bold, spicy sesame sauce  
and sesame seeds

## BEEF ENTREES

**\$8.99**

**辣 GF GOCHUJANG KOREAN BEEF** 360 cal  
crispy beef stir fried with cauliflower, green beans, red  
peppers and onions in a bold, spicy sauce

**GF BEEF AND BROCCOLI** 330 cal  
beef and broccoli with carrots and diced water chestnuts  
stir fried in a savory teriyaki sauce

## SHRIMP ENTREES

**\$8.99**

**CRISPY HONEY SHRIMP** 480 cal **Add \$1**  
succulent shrimp in a sweet honey glaze

**GF SHRIMP & VEGETABLES** 130 cal  
tender shrimp stir fried with snap peas, carrots and water  
chestnuts in a mild, light sauce

## VEGETABLE & TOFU ENTREES

**辣 GF FIRECRACKER TOFU** 280 cal **\$7.79**  
Tofu in our sweet and spicy Mongolian sauce,  
garnished with green onions

**GF MIXED VEGETABLES** 60 cal **\$6.49**  
wok seasoned stir fried broccoli, zucchini, carrots  
and red peppers with a hint of garlic

**辣 SPICY**

**AsiaFit**

FULL FLAVOR  
UNDER 400 CALORIES  
PER SERVING

**GF**

GLUTEN FREE

Menu and Pricing subject to change